

G.H.A.C. PLAYING REGULATION

VOLLEYBALL (BOYS AND GIRLS)

- 1. AGES: Competitors must meet the age requirement as per the O.F.S.A.A. Constitution under 19 as of January 1 prior to the school year in which the competition is held.**
- 2. EVENTS: There will be competition for a G.H.A.C. senior champion, as outlined in the G.H.A.C. competitive structure, Appendix II.**
- 3. ELIGIBILITY: Competitors must meet the eligibility requirements as per G.H.A.C. Constitution, Article XI, ie. participants must comply with O.F.S.A.A. Eligibility By-laws and the Federation Transfer Policy.**
- 4. ENTRIES: As per the G.H.A.C. competitive structure, Appendix II.**
- 5. RULES: The rules and regulations as outlined by Volleyball Canada will be followed unless otherwise specified in the Playing Regulations.**
 - (i) a team may dress and play a maximum of 18 players for a match;**
 - (ii) Substitution rule - For O.F.S.A.A. competition teams are allowed a maximum of 12 substitutions in any one set. There is no limit to the number of times a player may leave or re-enter a set as long as the maximum number of substitutions is adhered to and they leave or re-enter for the same player. Once a player has a designated substitution partner in a set, that is the only player that they may leave or re-enter that set for. For example, player A for player B - player C may not enter into this rotation.**
 - (iii) Libero Player - The player that is designated as the libero for any set may be team captain or game captain.**
 - (iv) Game Procedures - When the first referee signals for the teams to**

change court at the end of a set, the teams may go directly to their bench and then proceed to the team bench on the other side of the court.

(v) All matches will be 3 out of 5 games.

(vi) Net height will be 2.43 metres (boys) or 2.24 metres (girls).

(vii) Rally points to 25 must win by 2, no cap.

6. **OFFICIALS:** Rated referees and linepersons will be assigned by the convener.

7. **UNIFORMS:** As per rules according to Volleyball Canada (uniforms consisting of jerseys, numbered front & back). Players may not at any time compete in bare feet. O.F.S.A.A. rules concerning club insignias and sponsorship will apply.

8. **FACILITIES:** The following are the minimum standards:
 - (i) minimum ceiling height of 7.5 metres;
 - (ii) side space clearance - minimum one (1) metre;
 - (iii) no overhanging baskets;
 - (iv) no step in area for service;
 - (v) all posts and handles must be padded;
 - (vi) antennae must be used.